



Washington State
Health Care Authority

Autism Spectrum Disorder:
ABA Services
Delivery Model
for
Medicaid

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Access to ABA Services

What: A benefit for ABA services

When: January 1, 2013

Who for: Children 20 yrs of age and under,
covered by State Employee's Regence
Health Care Plan and/or Medicaid's
Apple Health for Kid's Program

- AHFK's- est. 9,100 children

Access to ABA Services

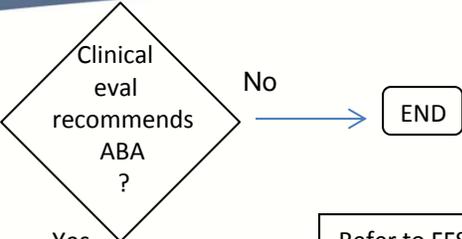
What is ABA?:

ABA is an empirically validated approach to improve behavior and skills related to core impairments associated with autism and a number of other developmental disabilities. These core impairments are seen in the child's communication, social interaction and behavior. ABA is the systematic application of scientifically validated principles of human behavior used to change socially significant behaviors. ABA's focus on social significance promotes a family-centered and whole-life approach to intervention.

Flow for Accessing ABA Services Across Programs

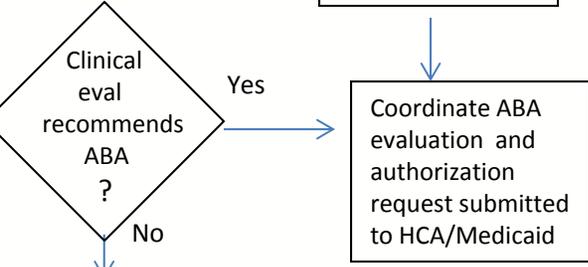
Managed care requests

Coordinate the clinical evaluation



FFS requests

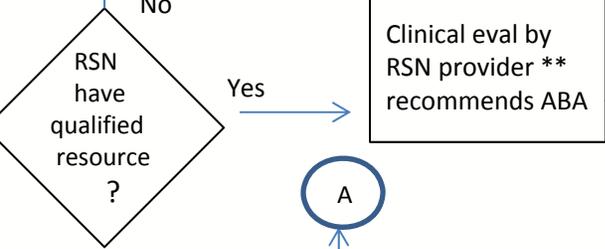
Coordinate the clinical evaluation



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RSN requests*

Clinical eval by intake provider, Autism suspected

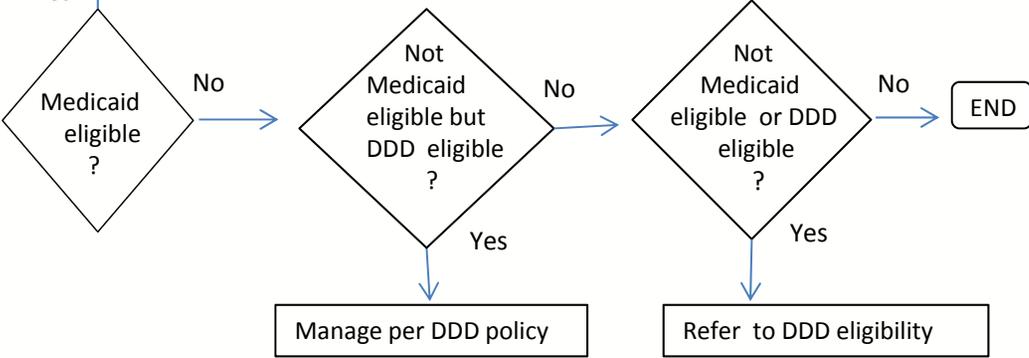


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DDD requests

Request received by DDD case resource manager (CRM)

DDD CRM determines coverage;



• Assumes child eligible for RSN services

** A psychologist or psychiatrist

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Route to Care

Step 1. Child referred to Center of Excellence for diagnostic testing, comprehensive evaluation and multi-disciplinary treatment plan

Step 2. **Center of Excellence Visit**
Comprehensive evaluation performed; diagnosis confirmed; treatment plan recommends and orders ABA services

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Step 3. Child assessed by qualified, DOH licensed/certified BCBA and outcome-oriented, time limited ABA treatment plan developed

Step 4. Prior authorization for ABA services requested

Step 5. Authorization determination made

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Step 6. ABA services initiated

Step 7. Re-authorization required every
3-6 months, at agency's discretion.

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Delivery Models for ABA services:

For ages 2-5

Delivery of intensive services in

- Natural setting, e.g., home and community;
- Facility-Based Day Program

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- **Intensive services in natural* setting**
 - 5-25 hours per week (age appropriate)
 - Includes parent training
 - Home, office or school
 - ABA therapy assistant(s) implement ABA outcome-oriented, time-limited treatment plan under supervision of Lead Behavior Therapist who is a BCBA

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Facility-Based Day Program

- Hospital or clinic based
- 12 week program--- 4 hours per day/4-5 days per week
- Concentrated delivery of services by multi-disciplinary team: BCBA, ABAT, PT, OT, ST
- Parent training

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For 5 and older:

Age appropriate services; could be counseling, parent training, other types of therapy approaches or intensive ABA services rendered in the natural setting as described above.

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Who can provide ABA services?

Independent Practice Provider Model (Option 1)

Lead Behavioral Therapist

Must be a BCBA or
BCBA qualified

With optional

Therapist Assistant

- Certified Counselor (Cnslr)
- Certified Cnslr Advisor

OR

Licensed Agency Model (Option 2)

Lead Behavioral Therapist

Must be a BCBA or
BCBA qualified

With optional

Therapist Assistant

- Certified Counselor
- Certified Cnslr Advisor
- Agency Affiliated Cnslr

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What do I need to know?

Medicaid has a benefit for ABA services starting January 1, 2013

Resource and contact information for you and family

Access to ABA Services

Point of Contact

For More Information:

<http://hrsa.dshs.wa.gov/abatherapy>

or

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Questions?